



**Friday**  
**June 20<sup>th</sup>, 2025**

**Heritage Woods  
Secondary**

**“WE ARE KODIAKS”**



# BELL SCHEDULE

Friday June 20, 2025

Block 1	8:00 – 9:12
Block 2	9:16 – 10:28
Block 3	10:32 – 11:44
LUNCH	11:44 – 12:28
Block 4	12:32 – 1:44
Block 5	1:48 – 3:00
FLEX	3:00 – 3:25



# **My Weekly Planner Flex Booking System**

Follow the link below (also found on HWSS) website

Log in with your student number and password

Enter numbers only for your student number

Your default password is your student number

Set new password on first log in

Instructions to book your flex space were emailed to you

**<https://hwss.myweeklyplanner.net>**

# FLEXpectations



- Attend one of your 4 classes
- The Grand Hall is for Grade 12's only
- The Library is a place for quiet work and is for Grade 11's & 12's only
- Flex is less than 30 minutes, and you are to remain in one class
- Flex is instructional time = Cell phones stored

# Lost & Found



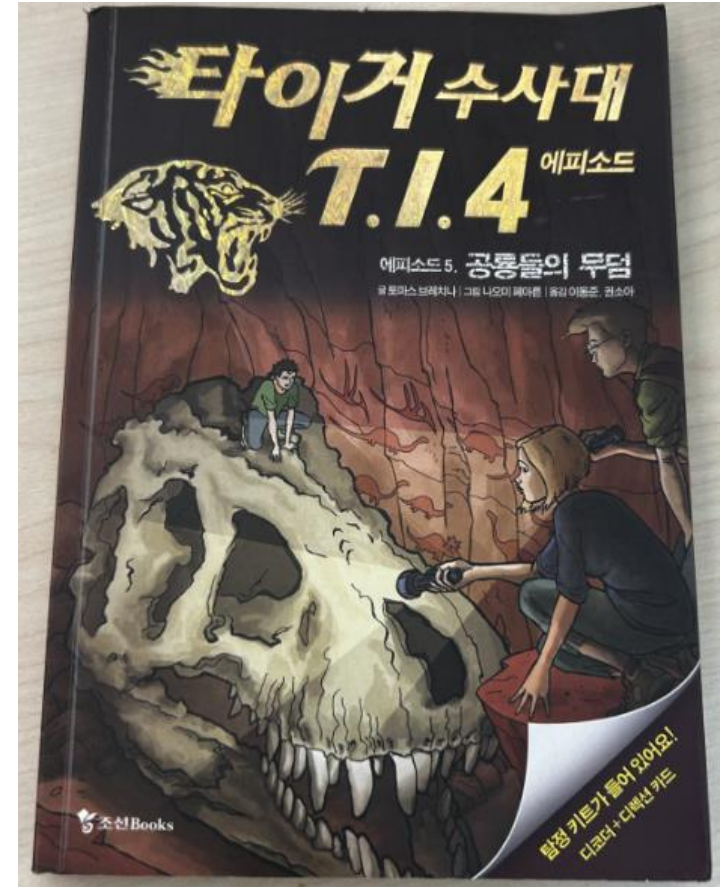
Lost & Found on display outside  
the grand hall until June 26<sup>th</sup>!





# Lost and Found item!

Tiger Investigation unit T.1.4  
Episode 5 The Dinosaur  
Graveyard – at the office to be  
claimed



# National Indigenous History **Month**



# Celebrating Indigenous Brilliance

## Mary Simon



- First Indigenous Governor-General of Canada.
- Born in 1947 to Inuk mother.
- Former CBC radio broadcaster.
- Former Canadian ambassador to Denmark.
- Has been a strong leader and advocate for Inuit rights, youth and culture.
- In 2021, appointed Canada's 30<sup>th</sup> Governor General.





# CLUBS



# **CANCELLED!**

## **A conversation with DR. CHRISTINE SIMMONS**



We regret to announce that, due to some unfortunate schedule changes, the planned conversation with Dr. Christine Simmons has been cancelled. Thank you for your understanding.

# CAREER CENTER





**Looking for a job this summer?**

**Youth Job Fair**

**July 17<sup>th</sup>, 2025 1 – 4 pm**

**Hosted by Work BC – Tricities, Coquitlam**

**303 Lincoln Ave #221, Coquitlam**

**Meet employers actively hiring youth  
aged 16-30 for positions in retail, food  
service, construction and more!**

**Bring your resume' and be prepared for  
on-the-spot interviews.**

**To attend or ask questions contact:**

**[rnawar@ywcavan.org](mailto:rnawar@ywcavan.org)**





The Convenience Stores For Metal®

# LOOKING TO JUMP START YOUR SKILLED TRADES CAREER?

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## WE'RE AWARDING **\$2,500** TO 4 TRADE SCHOOL STUDENTS!

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SCAN  
TO LEARN  
MORE!

[metalsupermarkets.com/trade-school-scholarship](https://metalsupermarkets.com/trade-school-scholarship)

# Mountains to Ocean summer program

<https://ocean.org/mountains-to-ocean/>



- **An immersive 3-week long program for participants to learn about the interconnectedness of the land and ocean around Vancouver, BC.**
- *Mountains to Ocean* is a program designed to immerse youth ages 15-21 into Vancouver, BC's one-of-a-kind coastal landscape and connect them to other young leaders in their communities.
- While learning about environmental stewardship with hands-on learning activities and projects, youth will be inspired to tackle pressing oceanic and climate challenges like plastic pollution, climate change, and habitat loss.
- Participants will complete an individual project to demonstrate that taking action in their everyday lives can make a difference. This action project is designed to motivate other youth to become environmental stewards and leaders, bringing their communities along in the effort to protect the planet.
- **This part-time program takes place on evenings and weekends, requiring a 25-35 hour time commitment. There is no cost to program participants.**
- **Cohort: July 10th-July 31st**
- Online orientation- July 10th (evening)  
Excursions- July 14th, 15th, and 16th
- **Application Deadline: July 3rd, 2025 (11:59pm PST)**
- The keystone component of each cohort will be a three-day outdoor learning experience called a learning journey.
- During these learning journeys, youth will connect to the forests and ocean of BC while learning from community partners about the importance of protecting and restoring our environment.
- This main experience is bookended by an online orientation call a few days prior to the first learning journey, and after attending the learning journey, youth will be given various options to complete their own action project over the following two weeks.



# COMMUNITY



# GOLDEN SPIKE DAYS FESTIVAL

## VOLUNTEERS NEEDED

**JUNE 28 TO JULY 1<sup>ST</sup>**

**[HTTPS://GOLDENSPIKE.CA/](https://goldenspike.ca/)**

Email: [joy.yang.682@parl.gc.ca](mailto:joy.yang.682@parl.gc.ca)  
if you are interested in volunteering







# PORT MOODY *Youth* PRIDE

**Friday July 18, 2025 • 4–6PM**  
**PoMoArts Centre**

**FREE Music & Food • Youth Art Exhibition**  
**Collaborative Art Activities • And More!**



**TRICITIESPRIDE.CA**